

To Parents and Teachers:

If you would like to preserve this time capsule, you may send an electronic copy to:

[admin@SeafordHistoricalSociety.com](mailto:admin@SeafordHistoricalSociety.com)

or, send a hardcopy to:

Seaford Museum  
203 High Street  
Seaford, DE 19973

Primary  
Activity 2. 1  
Time Capsule

# Make a Time Capsule

When most people hear the word "History" they think of things that important people did a long time ago, like George Washington or Martin Luther King, Jr.

Who is another important person who lived a long time ago?

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But history is really about regular people and how they lived. It's even about how kids lived and played.

Can you think of a toy that your parents or grandparents played with long ago?

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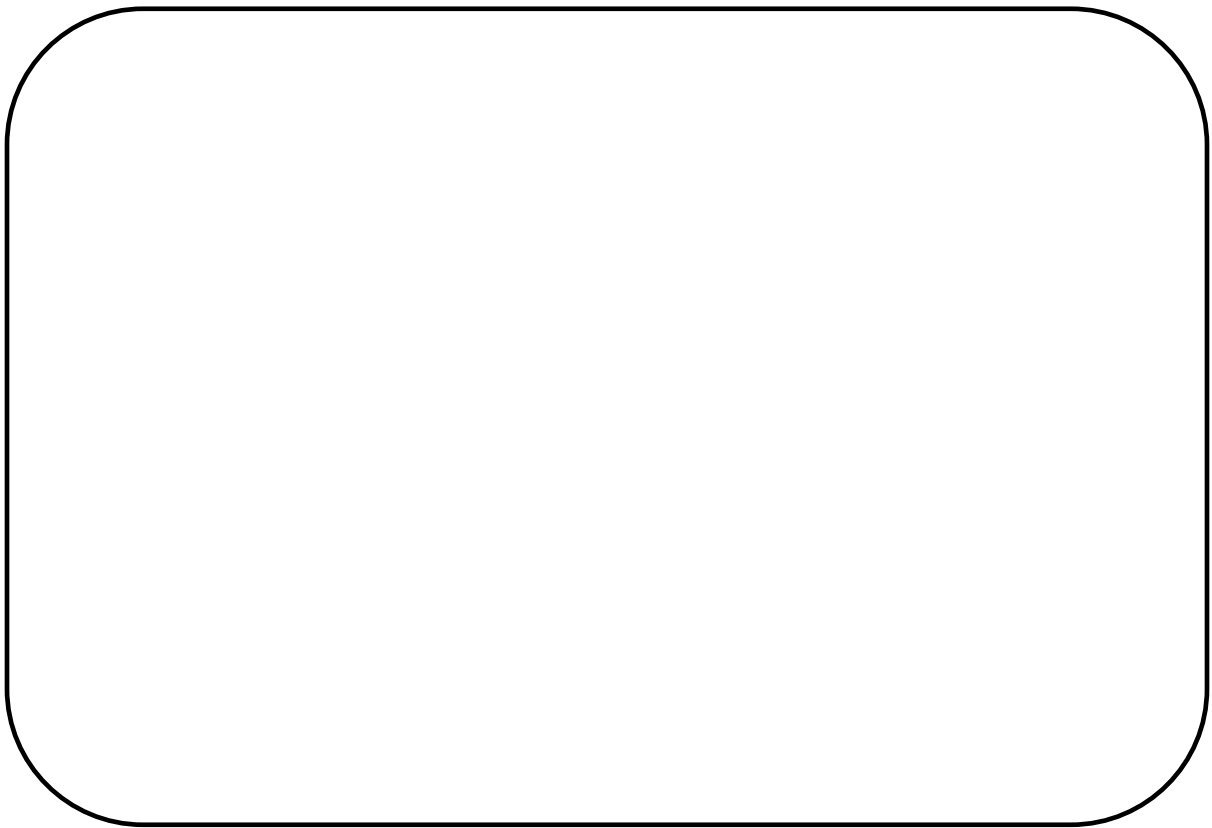
So, think about it; **WHAT YOU'RE DOING TODAY WILL BE "HISTORY" IN 100 YEARS!**

In this activity you will make a "Time Capsule," which is a way that you can tell people in the future what life is like today. You can print these pages, or make your own on a computer.

This page is blank for 2-sided printing.

# My 2020

# Time Capsule



Put your picture here, or draw a picture

**My Name:** \_\_\_\_\_

# Things About Me

I am \_\_\_\_\_ years old.

I go to school at \_\_\_\_\_

I live with \_\_\_\_\_

My friends are \_\_\_\_\_

\_\_\_\_\_

My favorite song is \_\_\_\_\_

My favorite game is \_\_\_\_\_

My favorite TV show is \_\_\_\_\_

I really like to \_\_\_\_\_

We have to be in *quarantine*, which means "stay at home," because of the disease COVID-19. We can't even go to school.

Here are three things that I miss:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

But what I miss the most is:

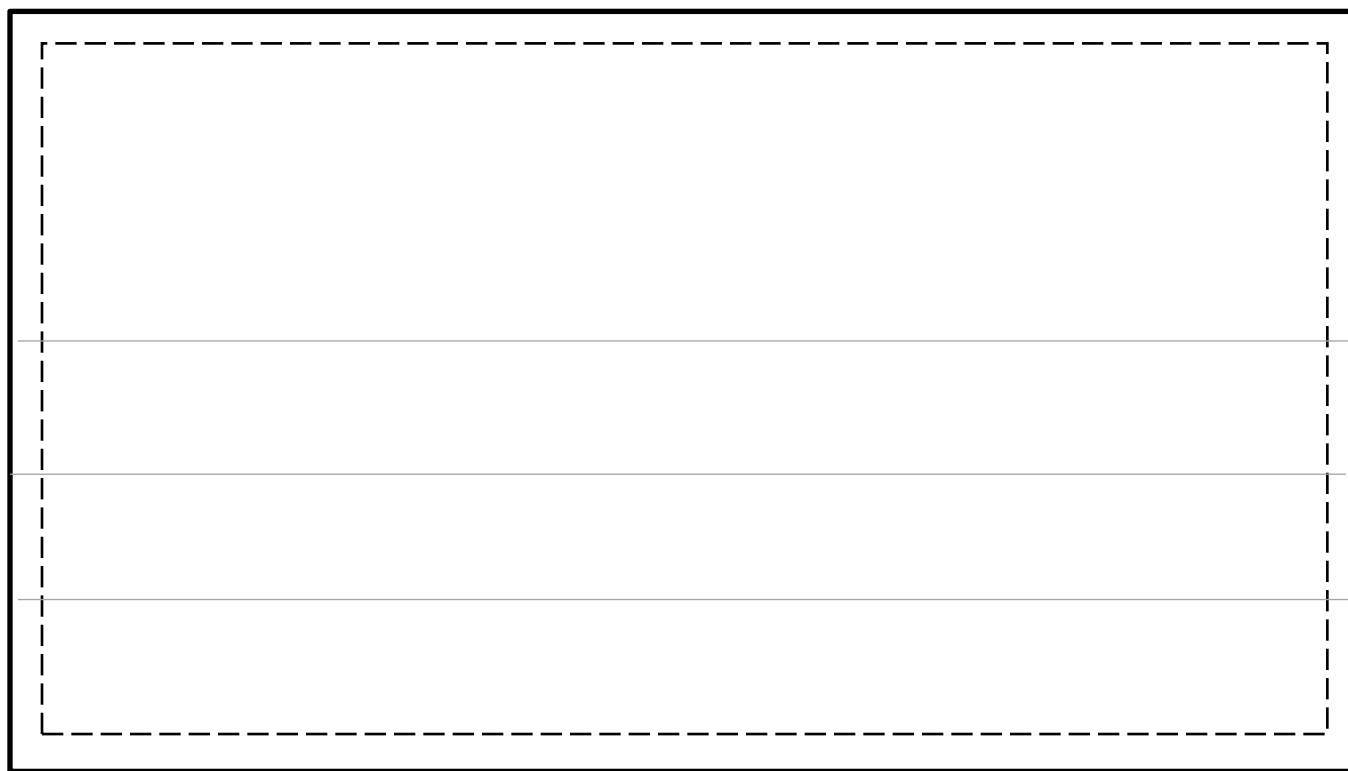
\_\_\_\_\_

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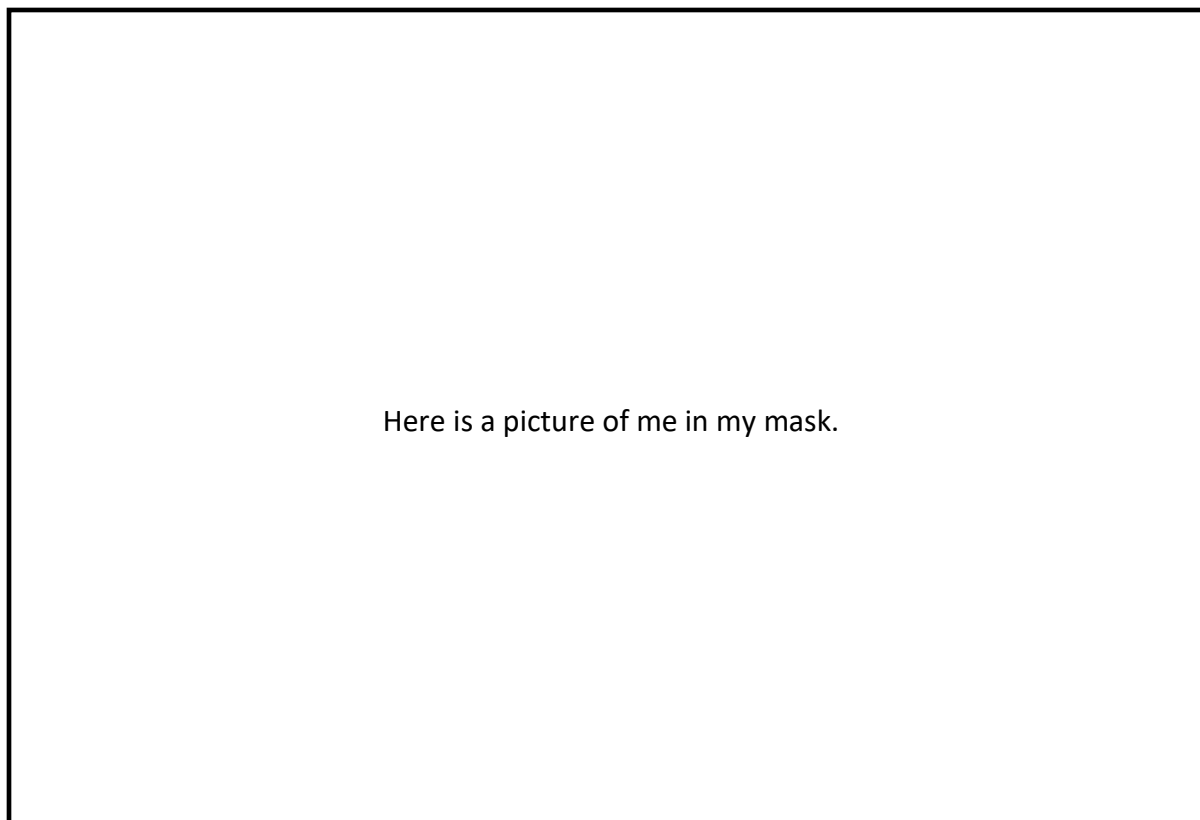
When quarantine is over, the first thing I want to do is: \_\_\_\_\_

\_\_\_\_\_

When I go outside, I'm supposed to wear a mask so I don't get sick.



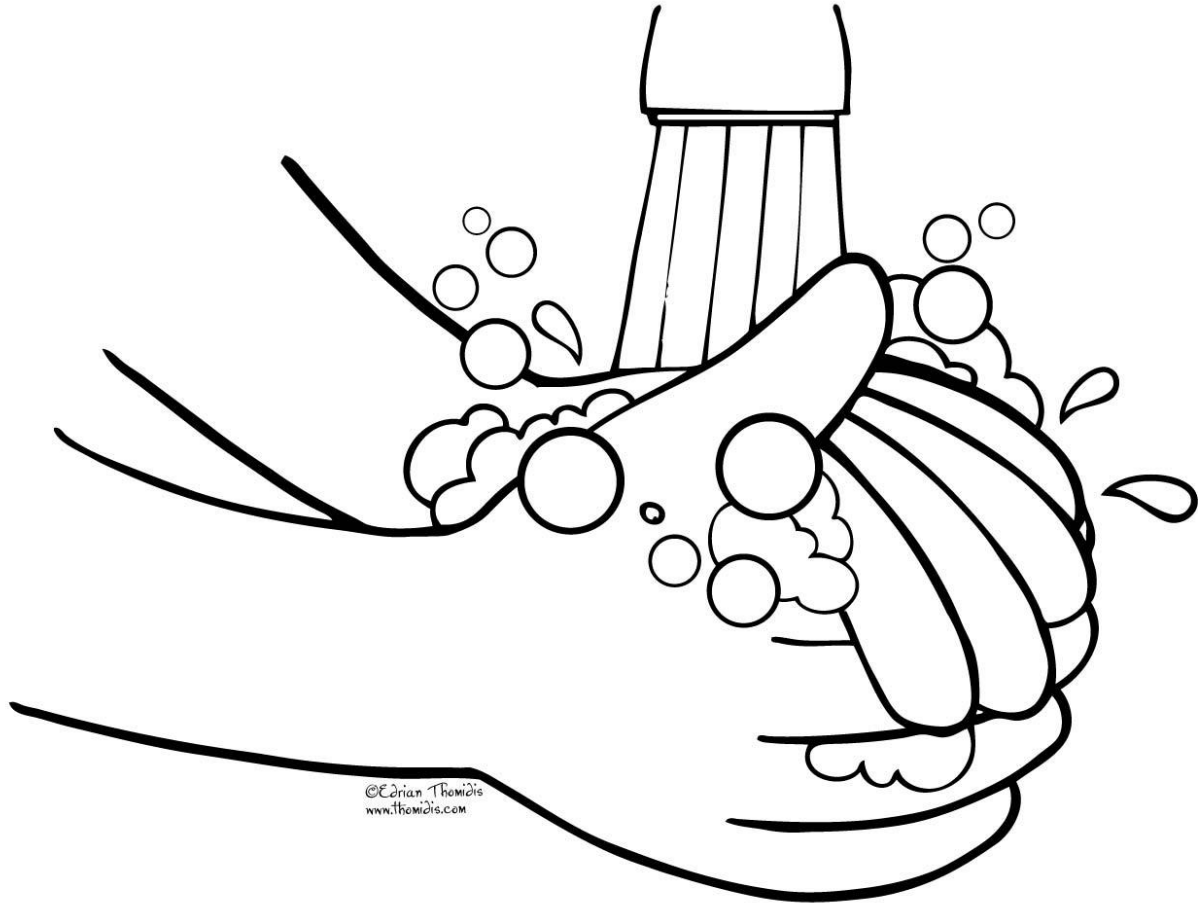
Color this mask



Here is a picture of me in my mask.

# Other Special Rules

We are supposed to wash our hands - a lot!



Color this picture

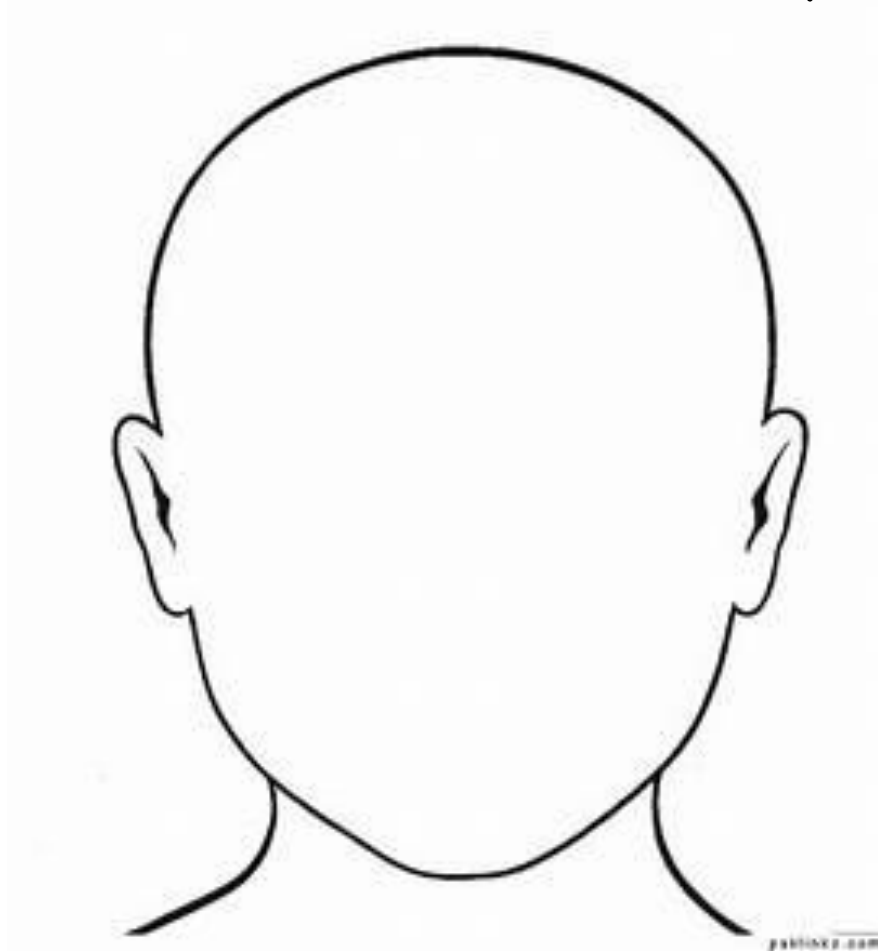
Here are some other rules we need to follow:

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This is how I feel most days



Draw a picture that shows how you feel most days.

Words for how I feel

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I am thankful for

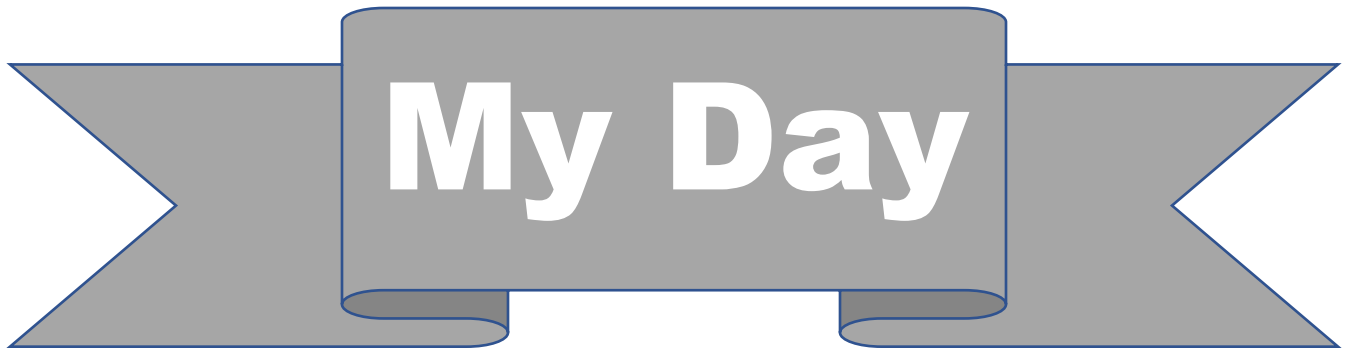
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# My Day

Here is what I do most days while we are in quarantine.

Morning: \_\_\_\_\_

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Afternoon: \_\_\_\_\_

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Evening: \_\_\_\_\_

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Things I do to  
have fun!

Things I do to  
help at home.

Three things I learned while in quarantine are:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_







# ***Pictures from 2020!***

Add some more pictures to show what life is like in 2020. You may add more pages if you want to.



***Pictures from 2020!***